### IN COLLABORATION WITH SWMRT, EMPRI PADMASHREE SCHOOL OF PUBLIC HEALTH TRAINERS AND SOCHARA

PK HEALTH & SAFETY



**BBMP SWM Master Training Program** 

**BBMP** 

Training

by SWM

MASTER



## OCCUPATIONAL HEALTH AND SAFETY OF PKs

Pourakarmikas PKs are exposed to health risks throughout the process of SWM Collection and Transportation







### WHAT DO WE KNOW ABOUT

### COMMON HEALTH ISSUES OF POURAKARMIKAS !





## **SAFETY ISSUES**

### THE MORE HINDU

#### » TODAY'S PAPER » KARNATAKA

Published: May 17, 2012 00:00 IST | Updated: May 17, 2012 05:02 IST BANGALORE, May 17, 2012

#### Anger as pourakarmika dies of snakebite

Staff Reporter

Colleagues stage protest with body, accuse BBMP of neglect





#### » TODAY'S PAPER » KARNATAKA

Published: May 31, 2010 00:00 IST | Updated: September 22, 2010 16:20 IST May 31, 2010

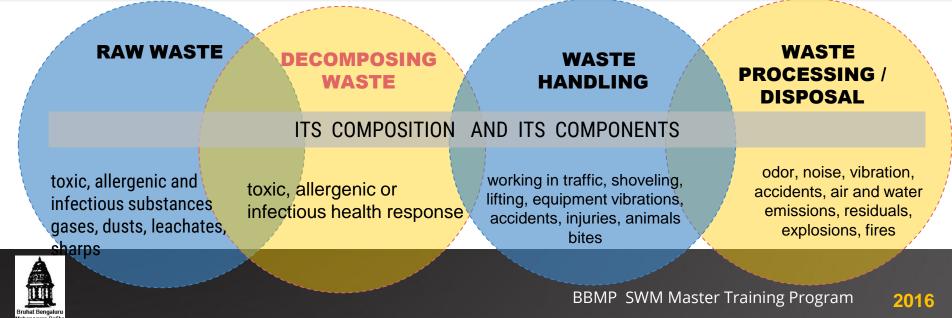
The occupational hazards pourakarmikas battle every day



Bruhat Bengaluru Mahanagara Palike



## HEALTH RISK FROM EXPOSURE



# COMMONLY REPORTED HEALTH ISSUES



Headaches and nausea
Skin infections
Diarrheal diseases,
Menstrual disorders
Vector Borne diseases
Dengue, Malaria

Back and joint injuries
Respiratory illness
Infections.
Puncture wounds
Alcoholism, Substance
abuse





## PREVENT OCCUPATIONAL HEALTH ISSUES

IMPROVEMENTS IN GENERAL WORK ARRANGEMENTS SPECIAL PRECAUTIONS FOR COLLECTION AND DISPOSAL WORKERS

SOURCE SEGREGATION





# FACILITIES FOR POURAKARMIKAS

#### **EXISTING FACILITIES**

 Regular Health checkups (Screening programmes)

Primary Care through BBMP Hospitals
 /Health and family welfare department

oESI card facilities

 Secondary and Tertiary Care through access to ESI hospital and medical college

#### **PROPOSED FACILITIES**

Health education on nutritious diet, various health benefits and screening programs.
Stress Reduction Clinics and activities
De-addiction and Psychological counseling Programmes
Access to First Aid kits in the ward office and in the auto tippers.
Training on first aid
Basic accidental care.
Safe drinking water and access to toilets at the ward offices



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### OCCUPATIONAL SAFETY AND HEALTH IS VITAL TO THE DIGNITY OF WORK

FOR BBMP -MASTER TRAINING INFORMATION AND QUERIES

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